



THIS MONTH AT EXPLORE FREEDOM

**AUGUST
2026
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HELLO, FRIENDS!

It feels like the right time to pull up a chair and catch up. August brings us a chance to celebrate birthdays, look back on a joyful July outing, and share a little of the careful work happening behind the scenes at EFS. We are glad you are here with us.

BEHIND THE SCENES AT EFS

The Regional Center is scheduling audits of Supported Living Programs, so our administrative team is reviewing consumer charts and personnel files with care. It is detailed work, but it helps us keep records current, organized, and ready for review.

Staff may receive requests from EFS administration for documents needed to complete personnel files and meet Title 17 and Title 22 requirements. Thank you for responding promptly and for the steady teamwork that keeps this process moving.

MESSAGE FROM ROSEMARIE NAVARRO, EXECUTIVE DIRECTOR

UPDATE:

The Regional Center is scheduling audits of Supported Living Programs. EFS admin is reviewing and updating consumer charts, and personnel files to make sure that it is ready and acceptable for Regional Center audit.

All EFS staff must be prepared to submit documents requested by EFS admin to make sure that personnel files are acceptable and within the requirements of Title 17 and Title 22.



HEAT ADVISORY

A MESSAGE FOR OUR COMMUNITY

Attention Everyone. Due to Heat Advisory please drink lots of fluid and keep everyone hydrated. Keep cool and stay in AC, if not available go to a cooling place, library, or a mall. Stay out of the sun and schedule your activities accordingly preferably in the early mornings or evenings. Do not leave consumers, pets, and children in unattended vehicles. Check on the elderly and or your neighbors, wear lightweight clothes, stay away from the outdoors. Stay hydrated, stay informed and monitor for events and warnings. Thanks, and stay safe!

BIRTHDAY CELEBRATIONS OF THIS MONTH

A birthday is a lovely reason to pause and let someone know they matter. We look forward to celebrating our staff and consumers together this month.

STAFF BIRTHDAYS

Brenda Alas
Nanci Bautista
Angela De Jesus
Keira Franklin
Gina Gonzalez
Sousan Hosseini
Victor LaPaz
Luis E. Mendez

Gene Labovitz-Clay
Azucena Nogales
Luis Partida
Roberto Pineda
Vicky Rivera
Maolina Sanchez
Judith Soto
Pedro Yac-Velazquez

CONSUMER BIRTHDAYS

Alan Fisher
Amy Baldwin
Mariel Daza
Samuel Strader

A MAGICAL DAY AT DISNEYLAND

Last month, our consumers traded the summer heat for a little Disney magic. The group explored the park, enjoyed the sights along Main Street, and took in the colorful displays celebrating Disneyland's 70th anniversary.



Celebrating Disneyland's 70th anniversary.



Meeting Mickey Mouse - smiles all around!

A DAY FULL OF SMILES

Meeting Mickey and Minnie Mouse was an especially happy part of the day. Everywhere you looked, there were smiles, waves, and the easy laughter that comes from sharing a good day with friends.

We are grateful to the consumers who brought their enthusiasm, the staff who handled the many behind-the-scenes details, and everyone who helped make the outing comfortable, safe, and memorable.

MORE FROM THE DAY



A cheerful moment with Minnie Mouse.



Friendship and fun on Main Street.